



It was very clear that Donna took extreme care and thought in the planning of the workshop for a parent group at our middle school. In addition to being organized and having materials to share, her preparedness was demonstrated in her poise, ability to answer questions and enthusiasm. She delivered a valuable workshop with immediate and clear takeaways. Many of the attendees commented about how much they learned in such a short time in a fun and interactive way. We definitely want Donna to speak again."

Marguerite Watanabe
President, Connections Insights

"I would definitely attend another session given by Donna. The quality of the presentation was excellent. I now understand the diversity of my own personality."

M. Hammond,
Women's Leadership Organization
Alcatel Lucent

DONNA NALL

LOOKING FOR AN ENGAGING, AUTHENTIC
SPEAKER FOR YOUR NEXT SEMINAR,
CONFERENCE, SPECIAL EVENT OR
MEETING?

Donna Nall is a behavior consultant, coach and owner of Quality Time Out. Her mission is to inspire and facilitate personal transformation. She does this using an inside-out approach combining personality consultation and laser coaching.

Donna earned her degree in Education from Mercer University. With a teaching background and a long personal growth journey, her presentations are engaging, insightful and fun. Donna delivers a stimulating learning experience by combining thought provoking exercises with group coaching. Seminar participants leave with insights, tools and action steps that they can implement immediately.

DONNA BELIEVES IN LIVING AN ABUNDANT, SPIRITUAL LIFE THAT ALIGNS WITH HER VALUES. IN ADDITION TO SPEAKING, DONNA OFFERS WORKSHOPS AND INDIVIDUAL COACHING FOR INDIVIDUALS READY TO MAKE POSITIVE CHANGES AND GET FARTHER FASTER. FOR MORE INFORMATION, PLEASE CALL DONNA AT (770) 617-9711.

PRESENTING:

- **BUILDING SUCCESS WITH PEOPLE**
"BUY" BEFORE YOU "TRY"
- **PINPOINTING MOTIVATIONAL STYLES**
THE SECRET TO GETTING WHAT YOU WANT
- **MAXIMIZING POTENTIAL/IMPROVING PERFORMANCE**
A QUICK AND EASY HABIT THAT DRIVES SUCCESS IN
LIFE & WORK

Donna Nall, CLC
Behavior Consultant & Coach
donna@qualitytimeout.com
www.qualitytimeout.com
(770) 617-9711

QUALITY TIME OUT
coaching • workshops • consulting



THE INSTITUTE FOR
LIFE COACH TRAINING
CERTIFIED LIFE COACH